

# LUNCH SPECIAL OFFERS

This offer is subject to changes.....Available Monday to Sunday. 12 noon to 15 pm

For larger booking, please speak to us before turning up!  
If you have any allergies or intolerances please let us know and we will do our best to accommodate.

## Favourites LUNCH Dishes

**Spicy Taste Jambalaya** Served with side salad .....£8.95

A spicy tasty combination of rice, diced chicken breast, prawns, chorizo & mixed vegetables all cooked together in Embe's tropical spices.

**Classic Vegetable Jambalaya** .....£7.95

A mildly spicy combination of rice & mixed vegetables cooked together with Embe's salsa sauce, served with a side salad. *Add Halloumi cheese £2.15*

**Mac 'N' Cheese (D)**.....£7.95

Add choice of: Chicken £ 2.25 , Curried mutton £ 2.55,  
Mixed vegetables £1.95 or Non

**Meat wrap**.....£4.25

- Curried mutton
- Jerk chicken,
- Jerk pork
- All filled with r'n'p & crunch salad

now pick the sauce:

- Jerk BBQ, Spicy Mayo, Fresh Salsa or Vegan Mayo
- Extra 75p will be added for extra sauce

**Pizza (D)**.....6 inch size.....£4.25

Embe's own pizza Choose from.....

- BBQed Jerk chicken
- Non spicy chicken pizza
- Cheese pizza.....£3.75

## Curry Dishes

**Boneless Curried Mutton** served with rice 'n' peas.....£8.95

**Curried Chicken** served with white rice.....£7.95

**Afro chicken stew** served with rice 'n' peas.....£7.95

**Vegan wrap**.....£4.50

Jackfruit with salad & avocado

Vegan wrap filled with salad

now pick the sauce:

- Jerk BBQ, Spicy Mayo, Fresh Salsa or Vegan Mayo
- Garlic mayo
- Extra 75p will be added for extra sauce

**Shared Folded wrap cheese**.....£15.95

with choice of: Garlic prawns, strips of jerk chicken,  
Or pulled pork. Choose two topping for extra £2.95

*This share comes with mango salad, two small glass of wines or embe's rum punches*

**BBQed Jerk Comb**.....£11.95

4 Chicken wings, 1 Lamb chops, 2 Pork ribs

Choose ONE side with coleslaw included

Can be shared

**Vegan menu available**

**½ Grilled Chicken** with freshly made coleslaw...£7.95

Choose how you like it?

With **Jerk** or **Piri Piri** sauce

*Side order not included*

## Burgers on OFFER

*Filled with salad, tomato and embe's pickle*

**Grilled Jerk Chicken Burger (NGF) (B)**.....£7.95

**JackFruit Burger (V)**.....£7.95

- Sauce: Spicy mayo, Vegan mayo Jerk BBQ, or embe's salsa
- Extra 75p will be charged for extra sauce
- Option add: Melted Cheese for £ 1.95
- Sides are not included with burgers

## Wings

(With a choice of Embe's Piri Piri seasoning or jerk sauce)

4 Chicken wings (GF) .....£6.35

6 Chicken wings (GF) .....£8.35

**Pork ribs** with salad.....£7.95

(With a choice of Embe's Piri Piri seasoning or jerk sauce)

## Salad

Embe jerk chicken salad with crunch shallot.....£5.95

Add any of: *Avocado, Mango, Plantain or others*.....£1.95

**For more small portions & bites see the main menu**



PLACE YOUR ORDER  
& MAKE COLLECTION



For TakeOut get the APP

Please be aware that our dishes are prepared in a kitchen where nuts, dairy products, fish & gluten are present.

Get social for us! @ embesoulfood



**Don't forget to book your table for Friday, Saturday or any other days!**

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[www.embesoulfood.co.uk](http://www.embesoulfood.co.uk)



Currently opening Monday to Sunday. Lunch to Dinner. Subject to changes

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