

MENU

Soulfood with taste of Afro Caribbean

Starters

Soup of the day with baked bread (VE).....£ 6.55

Garlic Mushrooms (BT)£ 5.95

Baked mushrooms cooked with tropical spices in creamy sauce finished with melted cheese

4 Jerk chicken wings (GF)£6.95

Chickpea doubles (D) (NGF) (V).....£6.95

With plantain for vegan option

SeaRush (F).....£9.55

Crispy squid & two king prawns on shell.

Finished with mango onion & tangy lemon herbs sauce

Boneless Jerk Strips.....£6.95

Strips of jerk chicken pan fried with onion & sweet peppers served with lime wedge

If you have any allergies or intolerances please let us know and we will do our best to accommodate.

Most of the dishes are cooked mild but sometimes may have a good kick depending on the dish. Please do point out to the waiter if you would like extra spice hot!

Favourites Dishes

Spicy Taste Jambalaya.....£14.55

A spicy tasty combination of rice, diced chicken breast, prawns, chorizo & mixed vegetables all cooked together in embe's tropical spices Served with side salad

embe's Curried Goat with rice 'n' peas.....£15.95

Marinated in tropical spices then cooked with butter beans, on the bone for more flavour

Afro curried chicken£13.55

Cooked in embe's signature curry sauce, with white rice

Mango Chicken served with plain rice.....£13.95

Chicken breast cooked with sweet peppers, tomato & onion then with freshly diced mango (Non-spicy dish)

Mac 'N' Cheese (D).....£11.95

Add choice of: jerked chicken/ curried mutton/ chorizo/ OR mixed vegetables @ £ 2.55

From BBQ

Jerk chicken burger.....£12.95

Chicken breast grilled then topped with jerk BBQ sauce, salad & tomato (any side included)

Jerked up Pork belly£15.95

Marinated and glazed with our mild jerk sauce Served with rice 'n' peas & coleslaw

1/2 Grilled chicken in two ways.....£15.25

• Kukupaka (Tanzanian dish)

marinated with spices then grilled with coconut curry sauce, garlic, finished with coriander & lime, coleslaw on side

• Jerk (Jamaican dish)

marinated with spices then grilled with jerk marinade sauce, coleslaw on side

BBQed Jerk Combo.....£13.95

5 chicken wings, 2 lamb chop, 1 pork belly, corn on cob Choose one side & coleslaw included

Vegan & Vegetable options

Classic Vegetable Jambala.....£12.95

A mildly spicy combination of rice & mixed vegetables cooked together With embe's salsa sauce, served with a side salad

JackFruit burger.....£12.95

With choice of your side Choose sauce: Vegan mayo, Fresh salsa, or Jerk BBQ sauce

Chickpea & callaloo curry.....£12.95

served with white rice

Ackees in two ways

Cooked together with peppers, onion, thymes & tomatoes then served with tossed haardo bread & rice 'n' peas

Ackees & saltfish.....£13.95

Ackees & callaloo spinach£12.95

Kids Menu £8.95

(Include one drink, see below)

Mac 'n' Cheese

Mango Chicken with plain rice

Chicken Wing with choice of Chips/Rice/ or Salad

Chicken Nuggets with choice of Chips/Rice/ or Salad

Now choose your drink!

Glass of mango juice

Bottle of Water 330ml

Glass of Milk

Coca cola 330ml

Lemonade

Glass of guava juice

Easy Lunch

Pizza (D).....£ 5.95

A 6 inch size topped with lightly BBQ jerk sauce then finished with mozzarella cheese. Choose topping from... Jerk chicken, Chorizo, Non spicy chicken or mix vegetable

Wraps.....£ 6.95

Filled with rice & crunch salad

• Jerk chicken

• Jerk pork

• JackFruit & avocado (Vegan)

Stir fry Jerk chicken & rice..£ 7.95

With sweet peppers & onions

1/4 Jerk chicken ..£ 8.55

With rice 'n' peas & coleslaw

Some of the dishes above, are available small in portion as lunch time OFFER!...£8.95

Cheese Loaded Fries.....£13.95

Loaded with jerk BBQ sauce topped with spring onion & side salad

Add your included choice of:

Jerk chicken/curried mutton/ chorizo / or mixed vegetables

Sauces

Spicy mayo, Normal mayo,

Jerk BBQ, Vegan mayo,

embe's fresh salsa, Garlic mayo.

95p will be charged for extra sauce

Sides.....@£4.50

Mango & Avocado Salad

Sweet Potato Fries

EMBE's Piri Piri Potato Cuts

Potato Cuts

Fried Plantain

Coleslaw (Freshly made)

Portion of Plain Rice

Portion of Rice "n" peas

Garlic & coriander bread(D)



with a twist of Afrocaribbean

(V) Vegetarians (D) Dairy (VE) Vegans (N) Nuts & jerk BBQ sauce contains barley (B) Barley Please be aware that our dishes are prepared in a kitchen where nuts, dairy products, fish & gluten are present.

LUNCH-DINNER-TAKEOUT

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Stir it up with DESSERT

Mango crumble.....£6.95
Served with a choice of either vanilla ice cream or Custard.....£1.25

Jamaican Trifle.....£6.95
Gingerbread topped with dark rum, mango & custard; finished with a dusting of chocolate.

Cake of the Week.....£5.55
Add extra custard or a scoop of ice cream..... £1.25

Chocolate brownie.....£5.95
Served with a choice of either vanilla ice cream or Custard

Cheese cake(VE)
With mango & passion sauce

Caramelised PLANTAIN.....£5.95
With honey & dark rum, finished with mango passion sauce

Hot Drinks....

With Freshly Ground Coffee

Americano.....£3.55
Café Latté.....£3.15
Cappuccino.....£3.25
Espresso.....£2.55
Hot Chocolate£4.95
Selection of teas (cup).....£2.95
Fresh Mint Tea.....£3.25
Fresh Lemon & Ginger Tea£3.25



SOFT DRINKS

Mango Juice£2.75
Guava Juice£2.75
Passion Juice£2.75
Mango Soda Smash.....£3.25
Coca Cola (Bottle).....£3.15
Diet Coke (Bottle).....£3.15
Ginger Beer£3.15
Coconut Water£3.15
Ting Drink.....£2.75
Glass of Milk.....£2.50
Still/Sparkling Mineral Water 330ml£2.75
Glass of orange juice.....£2.75

COCKTAILS

Reggae Reggae Rum Punch (2-4-£12) when ordered together.....£8.55
Dark rum & Wray & Nephew Overproof rum with raspberry liqueur, orange, pineapple & lime.

Embe's Rum Punch (2-4-£12) when ordered together..... £8.55
House rums of dark & white shackled in a mixture of mango & guava juice with a fresh lemon.

Pina Colada£8.95
National drink of Puerto Rico, with pineapple Liqueur, coconut cream & white rum.

Passionfruit & Chilli Margarita.....£8.95
Patron silver, passoa, lime juice, agave & embe's pepper sauce.

MOCKTAILS

Virgin Zombie Slayer£4.95
Pineapple, passion fruit, strawberry & lime, topped with mango juice.

EMBE'S FRESH SOUL POWER PUNCH.....£6.55
A smoothie of fresh mango, pineapple, ginger & passion juice.

Pinanoalcohol.....£4.95
A non-alcoholic pinacolada.

SUPERMALT ORIGINAL 330ml (NON-ALCOHOLIC).....£ 4.15

WINE175ml | 250ml | Bottle

RED

Malbec£6.55 | £7.95 | £20.55

WHITE

Pinot Grigio (VEGAN)£6.55 | £7.95 | £15.95

Blush Pinot Grigio (VEGAN) £6.55 | £7.95 | £17.25

● **Prosecco 75cl**.....£ 12.95 ●
● **Prosecco 20cl**.....£ 6.55 ●

Bottle of Beer

Red Stripe Draught 4.7% BV 330ml.....£4.95

Tusker 500ml 4.2% ABV£4.95

Pale lager from Kenya made from the highest quality malt barley grown in the Rift Valley, by East African Breweries

Guinness FOREGN EXTRA STOUT 325ml 7.5% ABV.....£4.95

MAGNUM 200ml

(ORIGINAL JAMAICAN) alc 16.5%.....£4.95

Rum selection 25ml...£3.55 with a top

Wray & Nephew 63% ABV
Havana Club Anejo Especial 40% ABV
Appleton Special Jamaican 40% ABV
Bacardi Carta Blanca (Classic) 37.5% ABV
Captain Morgan Tiki (Mango & Ppple) 25% ABV
MOUNT GAY. Barbados Rum 40% ABV
Kingston 62 40% ABV
For extra shot£ 3.15

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LUNCH-DINNER-TAKEOUT

Our upstairs space is available for private hire. Just speak to us

36 Cowgate, Peterborough, England, PE1 1NA Tel. 01733 341037 embesoulfood.co.uk

